Look up at the clouds

What shapes can you see?



Find a creepy crawly

Be gentle. Get close and watch the way it moves

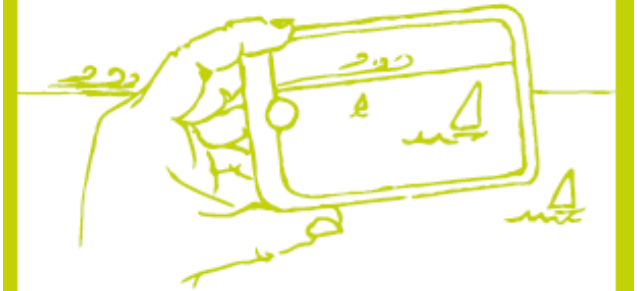
Lunch in the wild

Take your sandwiches outside and sit on a blanket or under a tree



Snap a blue photo

Butterflies, damselflies or even a clear blue sky

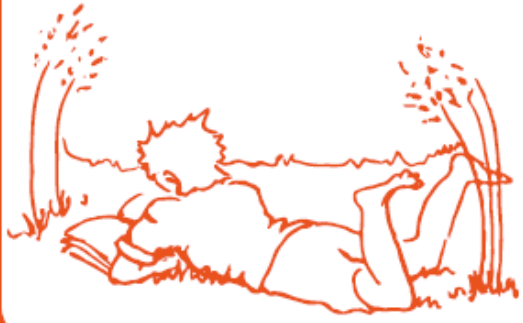


Identify a wildflower

Take notes on it, then search in a book or online

Read a wild book

Find a book about wild creatures and read outside



Create a work of art

Using leaves, pinecones, feathers and twigs

Whistle with grass

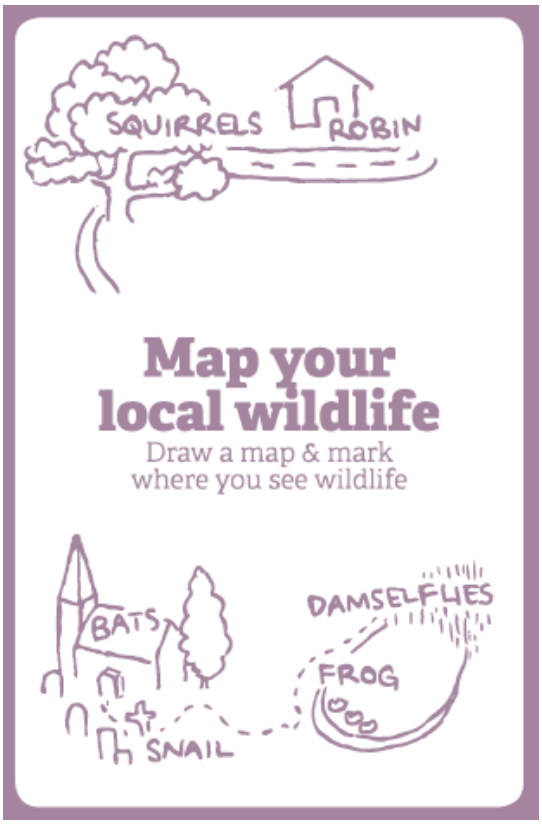
Use a thick blade of grass between your thumbs




Sketch up close
Use a pencil to capture the detail, shapes and texture

Write a wild poem
Use a haiku or sonnet to recreate a wild experience


Pick up litter
Sweep the area for rubbish and pop it in the bin


SQUIRRELS
ROBIN
Map your local wildlife
Draw a map & mark where you see wildlife
BATS
DAMSELFLIES
FROG
SNAIL



Race for a rainbow

Race to find the colours of the rainbow

Switch off to tune in

Can you turn off all electronic gadgets today?

Decorate with a wild mobile

Use twigs, string and leaves or paper birds



Design a wild home

From bug hotels to a hedgehog hideout